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CleanWell's Botanical Foaming Hand Soap

[January 8, 2019](#) - by [Louisa Ora](#)



It's that time of year again. The dreaded flu season. Sometimes it's hard to balance your need for germ killing soaps and your need for healthy hydrated skin. [CleanWell's Botanical Foaming Hand Soaps](#) help solve that problem by making use of natural antimicrobials and natural moisturizers.

Most over the counter hand soaps are full of chemicals that will clean your skin but aren't necessarily healthy. For comparison, most antibacterial soaps include triclosan (thought to disrupt thyroid function and contribute to the increase of antibiotic-resistant bacteria) while CleanWell uses natural antibacterial, antiviral, and antifungal ingredients such as coconut and thyme oils. In addition to being triclosan-free, CleanWell Botanical Foaming Hand Soaps are also free of alcohol, paraben, and glycerin.

Paraben and paraben derivatives are also common in many skin products. They are preservatives that can enter the body through the skin, and some believe it is linked to breast cancer. Glycerin is a moisturizing agent that works well but according to [WebMD](#), you should avoid using it if you have any cuts, sores, or infections on your skin. This might be difficult to avoid if it is in the soap you use to keep your hands clean.

As far as keeping your skin healthy and well moisturized, CleanWell soaps are infused with aloe as well as natural antioxidants such as those found in Leaf Extract. For those of you who are environmentally conscientious, CleanWell's Botanical Foaming Hand Soaps are biodegradable and not tested on animals.

CleanWell's Botanical Foaming Hand Soaps are available in four scents (Lavender, Spearmint Lime, Ginger Bergamot and Orange Vanilla). The scents are relatively mild, which I like because the stronger ones aggravate my nasal allergies. Anyway, you can find them online at [Amazon](#), [Thrive Market](#), [iHerb](#), or [Lucky Vitamin](#) as well as in some local stores. Just be prepared to pay for the all-natural benefits as CleanWell soaps are more expensive than other, more common antibacterial soaps.